



MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

October 5, 2022

Washoe County Senior Center, Reno, Nevada 89512

Game Room

&

Zoom Webinar

<https://zoom.us/j/92347908306?pwd=K2k5UGdYSEVXVGNuRGFPZ3pub2kwQT09>

- 1. Call To Order (Non-Action Item)** - Meeting was called to order at 3:00 p.m. by Chair- Hawah Ahmad.
- 2. Roll Call (Non-Action Item)** – Hawah Ahmad asked for the roll call; Ryan Crane took the roll. There was a quorum present via in person and through Zoom meeting.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

PRESENT VIRTUALLY

Martha Lavin
Mavis Kay Bonzer
Thuy Tran
Jane Baudelaire

Pamela Roberts
Hawah Ahmad
Casey Reed
Charles Mark Neumann

ABSENT (EXCUSED*)

Kodandaraman
Venkataraman
Ethan Hovest - Resigned
* Mary Ann McCauley

WASHOE COUNTY STAFF PRESENT

Steve McBride
Brandon Roman

Herbert Kaplan (DA)
Ryan Crane

ADVISOR PRESENT

Dr. Larry Weiss
Donna Clontz
Connie McMullen

ADVISOR (ABSENT)

Victoria Edmondson

3. Public Comment (Non-Action Item) –

Carol Burns states she is part of the Citizens Advisory Board and there are concerns about District 3. She would like to know how they can have someone else represent District 3; she pays taxes and should be free to say anything regarding politics.

Molly Rose Lewis, from Jackie Rosen's office, states CMS just rolled out new information and people can contact her if they have any questions.

4. Member Announcements (Non-Action Item) –

Hawah stated Ethan has resigned. Also, the AARP Age Friendly will be submitted today, she thanks Steve and Abby. There will also be an update on the bill for appropriate costs for pharmaceuticals from Senator Rosen's office.

Pam states Mark's appointment will go to the BCC on October 25th.

Mark states the Sun Valley seniors were asking for an air purifier and he bought one for them. Donna Clontz states they have been working with Senior Coalition and they will have a November and December information tables event at the library. She would like a volunteer or 2 to table the events at the Sparks library. It will be from 10am to 12pm, November 16th and December 14th.

5. Approval of the Agenda for the Advisory Board Meeting on October 5, 2022 (For Possible Action)

Motion to approve the agenda was made by Mark Neumann and seconded by Thuy Tran.

Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on September 7, 2022 (For Possible Action)

Motion to approve the minutes was asked from Pam Roberts, motion was not carried. Difficulty with sound during the meeting.

7. Presentation regarding the American Rescue Plan Act (A.R.P.A.) funding process for Washoe County (Non-Action Item) – Gabrielle Enfield, Washoe County Community Reinvestment Manager

Presenter not present due to illness.

8. Update and report on Washoe County Human Services Agency Nutrition Program provided by Senior Services Division (Non-Action Item) - Steve McBride, Division Director and Todd Acker, Program Coordinator

Attachment: [PowerPoint Presentation \(washoecounty.gov\)](https://www.washoecounty.gov)

Todd Acker presents on the Nutrition Program (see attachment). Todd states they are still in post COVID numbers, not yet in pre-COVID numbers. After March 16, 2020, congregate meals declined and home delivered meals almost doubled in size. Connie McMullen asked if the money to serve congregate meals is still there, Todd stated it is. Todd reports that the congregate meal program is at 9 locations and the only requirement is that a person is over 60 and the suggested donation is \$2. If a person is under 60, they would need to pay \$4. An exception is if a person is a volunteer. The exception for a site is the Gerlach site, meals are prepared at the center; they accommodate a large majority of the population. Some other meal locations include, Sparks, Rainbow Bend, Neil Road, Metro Gardens, More To Life and potentially a new site in the future at Lemmon Valley. For home delivered meals, in 2021, 358,332 were delivered and in 2022 it was 320,898. The decline was due to the emergency delivery of meals being stopped by people that no longer wanted delivered meals because COVID restrictions were relaxed and people starting going out of their homes. Todd states there is no income requirements and they do deliver 5 days of the week. They have 21 volunteers that deliver throughout the week. Currently they have a total of 33 volunteers. Additionally to home delivery meals, they deliver pet food to seniors with pets that are in the home delivery meal. Todd states all drivers go through an orientation process that includes a ride along so that they are sure it is something they would like to do; they go through finger printing and Elder Abuse Training and defensive driving training. Funding come from Older Americans Act Nutrition Program; the congregate received \$224,509

and Home Delivered Meals Program received \$1,366,911. Steve stated the money includes additional funding that was factored into the reimbursement rate.

Mark asked if the training for drivers is provided by the County, Todd stated it is and drivers can have a preference of how much or how little they would like to volunteer.

Donna asked if there is a waitlist for home delivered meals, Todd stated there is no waitlist and the process can take anywhere between 1 to 2 weeks. Todd stated they can always use volunteers. Pam asked if someone wants to be a volunteer, what do they do; Todd stated they can contact him.

Andrea Pelto, from the public, asked if a volunteer can use their own vehicle and if they get mileage reimbursement. Todd stated volunteers can choose to use their own vehicle and get mileage reimbursement.

Connie asked if there is still Meals on Wheel at Tahoe, Todd stated they contracted Sierra Seniors in Truckee to do the meal delivery.

Thuy asked why the numbers went down, Todd stated it was due to the Covid pandemic and that people started to come out of their home and no longer wanted home delivered meals.

9. Update on Sparks Senior Citizen Advisory Committee (Non-Action Item) – Donald Abbott

Donald states they have voted, and they are looking at direction for the expenditure of the \$100,000 from ARPA.

10. Update on Reno Senior Citizen Advisory Committee (Non-Action Item) – Paco Lachoy

Paco states they had lots of feedback at the Paradise Park meeting and they are going to be talking about the ARPA money since they city doesn't know what seniors need. Pamela states she also attended the meeting, and it was well attended.

11. Discussion and possible recommendation to Washoe County Staff regarding Washoe County becoming a community partner with Rebuilding Together Northern Nevada (For Possible Action)

Pam states this is from the last meeting and Rebuilding Together Northern Nevada helps seniors age in place. Pam states they don't have to vote, but part of their roll is to advise. Connie McMullen states a lot of people need help and the City of Reno a long time ago had gotten involved. Donna stated she had contact with Katie Pace since the beginning of the program and it would be good to be supportive of it. Pam states her vision is that Washoe County promotes support for getting volunteers for the program, not necessarily financial support, mostly just getting the word out. Thuy stated it would be good to also include the program in the Washoe County website. Pam asked Steve to take this to his boss and let them know the outcome.

12. Report and update on letter to Citizen Advisory Boards (CABs) asking for reports on senior issues in unincorporated Washoe County (Non-Action Item)

Pam stated this is for someone who would like to report on a CAB meeting they attended. Pam asked if the letter to the CABs was sent, Mark stated he hasn't heard of the letter. Mark states people can go online to look at all the different CAB meetings that happen. Pam states the CABs should be on the Washoe County website.

13. Report, discussion, and possible recommendation to the Board of County Commissioners regarding appointing a new Advisory Board member for District 4 (For Possible Action)

a) Application from Casey Reed (current Alternate Seat) District 4

Attachment: [10-5-22 Casey Reed App.pdf \(washoecounty.gov\)](#)

Casey stated she is thankful to be considered for District 4, she works full time at Sprouts and is a full-time mom. Pam states her concern is that Casey hasn't been able to consistently attend meetings. Casey stated she was having personal issues, but they were resolved in July and her child was attending school and she would need to pick her up, but that has also been resolved. Donna states she remembers Casey from last year and asked Casey what makes her volunteer her time for the senior community. Casey stated she is there for the community in general, not just seniors but those in the cusp of being a senior and the community.

Motion to recommend to the Board of County Commissioners to have Casey Reed represent District 4 was made by Mavis Kay Bonzer and seconded by Thuy Tran. Motion passed unanimously.

14. Discussion and possible recommendation regarding setting a calendar for the Senior Advisory Board meeting, which would include meeting dates, time, and potential alternate location (For Possible Action)

Steve stated that considering the remodel of the Sparks Senior Center, potentially they could have the next meeting at the Sparks Center. Pam stated that is one of the things they were hoping for and be able to have a hybrid meeting at Sparks.

Motion to have the next meeting at the Sparks Senior Center is made by Mark Neumann and seconded by Mavis Kay Bonzer. Motion passed unanimously.

Andrea Pelto, from the public, stated there is an appetite from the Sparks Board to have a joint meeting with Washoe County. Pam stated they should add an agenda item to discuss a potential joint meeting.

15. Advisory Board Members' announcements, reports and updates to include requests for information or topics for future agendas. (No discussion among Advisory Board Members will take place on this item.)

Joint meeting

16. Public comment (Non-Action Item) –

Donna Clontz thanks everyone that spread the word about Paradise Park. People did great in getting their voice heard, the good thing is that the decision is on hold, therefore there will be chances for the public to speak on the matter. They need to keep the senior programs going and expand them.

17. Adjournment (Non-Action Item)

Meeting adjourned at 4:42 pm.